



TGCA NEWS

DECEMBER 2024



2024-2025 TGCA OFFICERS



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right photo courtesy Patrick Carter



SET THE STANDARD OF EXCELLENCE CHASE GREATNESS

Cully Doyle Brock HS | **TGCA Past President**

As the fall semester comes to an end and the new year rolls in with the spring sports coming soon to once again finish out another school year in just a few short months, I am constantly reminded of how fast time flies by. I encourage each of you to take a minute to stop, relax and realize all the good you have done and all the student-athletes you have coached and positively influenced along your journey whether you have been doing this for many years or this is your first year, you have accomplished more than you realize.

As I look back at this fall semester with several individual, team district, regional and State Championships already finished, I can't help but notice something that stands out and in my opinion, will always stand out, which is the Standard of Excellence certain coaches have. Each morning you have the opportunity to wake up chasing Greatness and that is what great coaches do every single day. It is no secret that programs with true standards of excellence stay on top. Kids will follow genuine coaches who passionately wake up each morning chasing Greatness and the standard is inside that coach which bleeds over to the program and every student-athlete along that coach's path. Each morning, you as a coach,

have the opportunity to surround yourself with like minded individuals, positive influences and successful people. Don't lower your standard, because it will be noticed and affects everyone around you.

I have had the honor and privilege of meeting, sitting with, eating lunch with and just listening to one of the smartest guys around, Dr. Charles Breithaupt. He has set the Standard of Excellence in his daily walk. He has accomplished many great things along his path as a coach and UIL Executive Director, but what I hope he realizes is the positive impact he has on coaches and the vision

he has to make everything better and that should be the standard for everyone. He will retire soon and everyone that has been along his path has benefited from the Standard of Excellence he has set.

Sam Tipton, has set a Standard of Excellence. He wakes up every morning chasing Greatness for the good of all Women's Sports. His commitment to the Texas Girls Coaches Association is second to none. He cares so much about not only girls sports and watching it prosper, but he cares deeply about the coaches who coach these girls sports. He continues to set the standard of excellence for making



sure girls sports are recognized and achieved at a high level, and he wants nothing more than every single coach of girls athletics to be successful.

This past semester has seen outstanding performances in the State Cross Country Championships and also the State Volleyball Championships and as I have been blessed to get kids to the State Cross Country meet over the years I have always noticed the programs that

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photo courtesy Tyler Bills

SET THE STANDARD OF EXCELLENCE – CHASE GREATNESS

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continue to rise to the top. There are programs that set goals way early in the summer, or early fall on what they want to accomplish and the coaches get to make the decisions on how they will achieve these goals. I can assure you that coaches that walk the walk and not just talk the talk are making strides in their programs and that is the challenge to each coach, young or

and programs on a regular basis. TGCA offers so many opportunities with satellite clinics and summer clinics to surround yourself with coaches that want to grow themselves and grow their programs. Go make yourself better and it will bleed over to the coaches around you and your student-athletes. Get coaches on your staff signed up as TGCA members and make it a priority for your coaching staff and your program to get to the

at Brock and really just touching individual student-athletes which I believe will filter into our program. For several years, but this year in particular, I was following a volleyball team that I was pulling for every single week even though I did not get to actually go to a single game early in the season or in most of the playoff run but I just kept hoping and praying that this one particular program would keep on winning. As I tell this story

a standard of excellence for her team, community, coaching staff and as wins and losses come, she has not ever given up on her Standard. I have gotten to know Susan Brewer at Bellville HS, have watched her coach, watched her talk to her athletes and I believe in my heart she wakes up every single day chasing nothing but Greatness. As Coach Brewer and her team won each game going through the playoffs, I kept telling my wife that I will not miss that State Championship game as I wanted to be on that floor to get her ring size for a State Championship ring if she was to win yet another State Championship. Unfortunately, she fell short of the ultimate goal of winning the State Championship but she did get to play for that State Championship and I can assure you that it did nothing but light a fire in her and her program. Most importantly, she touched a lot of kids' lives along the journey and gave them an experience of a lifetime.

My encouragement to every single coach reading this article is simple—Don't just talk it—Walk it!!! No, it is not easy but it is surely better to wake up chasing greatness and making yourself better, making your dreams come true and setting standards of excellence for yourself, your program and everyone around you. Go be Great!!!



photo courtesy Mary Mauk

experienced. You have the opportunity every day to wake up chasing greatness and set your standard of excellence or just going through the motions. I encourage each coach to find a way to keep learning and bringing knowledge back to your kids

TGCA summer clinic.

Last, I obviously follow every single great program out there in every single sport, but I wanted to share a little personal experience that has continued to motivate me and keeps me chasing greatness for our program here

I want you to know that I do not know a single player on the team but I have watched, admired and seen with my own eyes the Standard of Excellence this particular program has and simply put, it all starts at the top. The coach of this team has set

ACCOUNTABILITY: A FUNDAMENTAL INGREDIENT FOR SPORT TEAM CHEMISTRY

BSN Sports

Accountability is a crucial element in building successful team chemistry in sports. When athletes hold themselves and their teammates accountable, it not only fosters a sense of responsibility but also creates a culture of trust and mutual respect. In this blog post, we will explore the importance of accountability in developing great team chemistry and how it can positively impact a sports team's performance.

Understanding the Link Between Accountability and Team Chemistry

The relationship between accountability and team chemistry is deeply intertwined, acting as the foundation upon which teams can achieve unparalleled success. At its core, accountability ensures that each team member is aware of their roles and responsibilities, fostering an environment where trust flourishes. This trust is pivotal, as it allows players to feel confident in their contributions and rely on the support of their teammates. When every athlete is committed to accountability, it eliminates blame culture and encourages a more collaborative effort towards achieving common objectives. This collective

responsibility not only enhances the team's unity but also significantly boosts the morale and motivation of its members. By valuing and implementing accountability, teams can achieve a harmonious balance, where individual achievements contribute to the team's goals, reinforcing the bonds that are essential for exceptional team chemistry.

Setting the Stage: Establishing a Culture of Accountability

The journey toward cultivating an accountable team begins with clear, open lines of communication and the establishment of well-defined expectations. It's imperative for coaches to take the lead in outlining the standards for behavior and performance, emphasizing the role each athlete plays in fostering a responsible and committed team environment. The initial phase involves engaging in comprehensive team meetings and goal-setting exercises, which serve as platforms for articulating the values and objectives that underscore accountability. These gatherings are crucial for maintaining alignment and ensuring that all team members are vested in the collective mission. Additionally, routine check-ins provide a structured opportunity for athletes to reflect on their progress, address any hurdles, and recalibrate their efforts in alignment with the team's goals. This framework of accountability is not solely about adherence to standards; it's about cultivating a space where athletes support one another in a unified pursuit of excellence. Through this deliberate and strategic approach, a culture of accountability takes root, paving the way for enhanced team chemistry and setting the stage for the attainment of shared successes.

Accountability in Action: Techniques for Maintaining High Standards

Implementing a culture of accountability within a sports team requires practical and continuous ac-

tions. One of the primary methods is through the establishment of specific, measurable, attainable, relevant, and time-bound (SMART) goals for both the team and individual athletes. These objectives provide a clear direction and facilitate the tracking of progress, making it easier to identify areas for improvement. Personal and team accountability is further enhanced by the regular provision of constructive feedback. This feedback, when given in a supportive and positive manner, helps athletes understand their areas of strength and those requiring development, encouraging growth and improvement.

Peer-to-peer mentoring is another valuable technique, allowing more experienced team members to guide newer or younger athletes, fostering a sense of responsibility towards each other's success. This mentorship encourages a supportive environment where teammates can freely share advice, experiences, and strategies for overcoming challenges.

Finally, maintaining transparency through regular team meetings is essential. These gatherings serve as a forum for discussing not only achievements but also setbacks and areas where the team can improve. Open discussions about challenges and how they are addressed reinforce the commitment to accountability and collective progress, enhancing the team's cohesion and chemistry without dwelling on individual shortcomings.

Overcoming Obstacles: Dealing with Accountability Issues

Navigating challenges related to accountability is inevitable in the dynamics of a sports team. When issues such as a lack of follow-through, unmet obligations, or ineffective communication arise, it's essential for the team's leadership to tackle these problems di-



photo courtesy Tyler Bills

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ACCOUNTABILITY: A FUNDAMENTAL INGREDIENT FOR SPORT TEAM CHEMISTRY

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rectly and constructively. Coaches and captains play a pivotal role in this process, by identifying concerns early and engaging with the affected athletes in a manner that is both supportive and solution oriented. It is beneficial to create an environment where issues can be discussed openly, without fear of judgment or repercussion. This approach encourages honesty and facilitates a more cohesive recovery strategy. Implementing corrective actions, which could range from individualized training plans to mentorship pairings, helps in realigning the affected team members with the group's expectations. Additionally, reinforcing the importance of each member's role in contributing to the team's success can motivate athletes to renew their commitment to collective and personal accountability. Through these targeted interventions, a team can address accountability lapses, learn from these

experiences, and emerge stronger, with a reinforced sense of unity and purpose.

Case Studies: Accountability's Impact on Team Chemistry

Examining real-world examples provides compelling evidence of how accountability shapes team chemistry. The San Antonio Spurs in the NBA serve as a prime example, where the emphasis on accountability has fostered a culture of mutual respect and consistent performance. Coach Gregg Popovich's leadership style, focused on personal responsibility and collective success, has led the team to multiple NBA championships. Players are not only held to high standards on the court but are also encouraged to support their teammates off the court, creating a tightly knit group that excels under pressure.

Another noteworthy case is the U.S. Women's National Soccer Team

(USWNT), known for its world-class team dynamics and success on the international stage. The team's approach to accountability involves transparent communication and shared leadership roles, where players take turns stepping up as leaders in various situations. This strategy has enabled them to navigate through challenging tournaments and secure numerous World Cup titles, demonstrating the power of a united team that values accountability.

These examples underline the transformative effect of accountability on team chemistry. By embracing responsibility, setting clear goals, and supporting one another, teams like the Spurs and USWNT showcase the remarkable achievements that are possible when accountability is a cornerstone of team culture. These case studies not only inspire other sports teams but also provide a blueprint for building strong, cohesive, and successful teams.

COACH LARRY TIDWELL

Gary Tipton | Fellowship of Christian Athletes

I first met Coach Tidwell in 1986 when my brother, Sam, came to Frenship as the Head Girls Basketball Coach and Girls Coordinator. Coach Tidwell held the same position at Schulenberg. His long term plan was to see a basketball goal in the driveway of every house there.

100% to Coach Tidwell means exactly that. No one lives up to giving 100% more than him. He is the man I see at TGCA summer clinic not only organizing but helping everyone get their booth set up. He comes by the FCA booth every year and buys most of the inventory!

Coach Tidwell has won most every award TGCA has to offer. He is the same no matter what his job title or position is. He always has time for you and is genuinely interested in how you are doing. I

remember Coach Tidwell coming to Pampa, Texas to give the eulogy for Rocky Ford. Coach never forgets or leaves his friends behind.

Coach Tidwell is back in Schulenberg in the same job he had when I first met him. One of the pictures is of Sam and Dr. Breithaupt as they stopped by to visit him this year.

If you wonder how TGCA and FCA are tied together, just ask Coach Tidwell. If you wonder why at TGCA you don't just have a seat at the table, but have the opportunity to have the keys to the house, just ask Coach.

Eternal W's is the FCA goal. We can only do that to and through you, the coach. Our prayer is that we win them all!



CONGRATULATIONS TO THE FOLLOWING TGCA MEMBER COACHES WHO WILL BE PRESENTED RINGS PROVIDED BY HERFF JONES AND THEIR TEAMS WHO CAPTURED 2024 UIL FALL STATE CHAMPIONSHIPS

NAME	SCHOOL	CONF.	NAME	SCHOOL	CONF.
Darby Norman	Canyon Randall	Team Tennis-4A	Jeff Coker	Crawford	Volleyball-2AD2
Travis Dalrymple	RR Westwood	Team Tennis-6A	Jason Culpepper	Bushland	Volleyball-3AD1
Gary Billingsley	Tilden McMullen Co.	Cross Country-1A	Laura Gonzales	Stockdale	Volleyball-3AD2
Brandun Massingill	Hamilton	Cross Country-2A	Stormi Snider	Decatur	Volleyball-4AD1
Glenn Griffin	Holliday	Cross Country-3A	Misty Fletcher Remmers	Wimberley	Volleyball-4AD2
Ray Baca	Canyon	Cross Country-4A	Kara Wallace	CC Flour Bluff	Volleyball-5AD1
Trenton Hall	Smithson Valley	Cross Country-5A	U'iLani Womble	Frisco Wakeland	Volleyball-5AD2
Andrew Cook	Flower Mound	Cross Country-6A	Morgan Rogers	Conroe Grand Oaks	Volleyball-6AD1
Mindy Patton	Harrold	Volleyball-1A	Brianne Groth	Northwest Nelson	Volleyball-6AD2
Heather Wilson	Johnson City LBJ	Volleyball-2AD1			

THE TEXAS WAY

Embracing Texas Pride in Sportsmanship: Our Commitment to The Texas Way

At TGCA we proudly endorse The Texas Way, an initiative that champions sportsmanship, integrity, and community strength in Texas sporting events.

The Texas Way, founded by THSCA, THSADA, and 2Words Character Development, aims to enhance sportsmanship, reduce ejections, and foster positive relationships among coaches, athletes, officials, fans, and the local community.



What is The Texas Way?

The Texas Way is a collaborative campaign to:

- IMPROVE the level of sportsmanship at UIL sporting events.
- DECREASE the number of ejections at UIL sporting events.
- STRENGTHEN communities and the relationships between coaches, athletes, officials, and fans.

The Three Pillars of The Texas Way

To coach, play, officiate, or support The Texas Way means you commit to the following three pillars:

- Respect for Others: We pledge to give respect to all participants (coaches, players, officials, and fans) because of who I am, not because of what they do.
- Control of Self: We commit to give boundaries to our thoughts, words, and actions, and to control our anger in the

face of competition and adversity.

- Spirit of Competition: We commit to give everything we have to be the absolute best we can be, and to put our team in the best position to win, but we will not sacrifice our integrity to do it.

By supporting The Texas Way, TGCA is dedicated to creating a positive and respectful sports environment, ensuring that the spirit of competition thrives with self-control, integrity, and mutual respect.

Join us in playing The Texas Way and make a difference in the Texas sports community!

What is The Texas Way?

For more details, visit: [The Texas Way](https://www.thetexasway.org/)

SPIRIT STATE CHAMPIONSHIPS

Fort Worth Convention Center Fort Worth, TX | January 16-18, 2024

Schedule (Tentative)

Thursday, January 16

1A & 2A Prelim 8:30 AM (Arena)
 3A-D1 & 3A-D2 Prelim 9:00 AM (Hall)
 Coed Prelim 1:03 PM (Arena)
 1A Finals 5:05 PM (Arena)
 3A-D1 & 3A-D2 Finals 6:00 PM (Hall)
 1A Awards 6:15 PM (Arena)
 2A Finals 7:07 PM (Arena)
 COED Finals 7:25 PM (Arena)
 3A-D1 & 3A-D2 Awards 8:30 PM (Hall)
 COED Awards 9:15 PM (Arena)
 2A Awards 9:25 PM (Hall)

Friday, January 17

4A-D1 & 4A-D2 Prelim .. 9:00 AM (Arena)
 5A-D1 & 5A-D2 Prelim 9:00 AM (Hall)
 4A-D1 & 4A-D2 Final 6:34 PM (Arena)
 4A-D1 & 4A-D2 Awards 9:00 PM (Arena)

Saturday, January 18

5A-D1 & 5A-D2 Final 8:30 AM (Arena)
 6A-D1 & 6A-D2 Prelims... 8:30 AM (Both)
 5A-D1 & 5A-D2 Awards .. 11:15 AM (Arena)
 6A-D1 & 6A-D2 Finals 6:01 PM (Arena)
 6A-D1 & 6A-D2 Awards .. 8:30 PM (Arena)

Game Day Championship Info

Will be released and updated on UIL website: [Click Here](#)

Safety Rules

UIL rules require performances be in accordance with safety standards prescribed by the NFHS Spirit Rules, which may be purchased in electronic or print form at www.nfhs.org.

School Conference Divisions

1A & 2A – Max of 12 participants (2 or fewer males)
 3A-D2—Maximum of 20 participants (2 or fewer males) (School enrollment 254-368 students)
 3A-D1—Maximum of 20 participants (2 or fewer males) (School enrollment 369-544 students)
 4A-D2—Maximum of 24 participants (2 or fewer males) (School enrollment 545-956 students)

4A-D1—Maximum of 24 participants (2 or fewer males) (School enrollment 957-1,314 students)

5A-D2—Maximum of 30 participants (2 or fewer males) (School enrollment 1,315-1,902 students)

5A-D1—Maximum of 30 participants (2 or fewer males) (School enrollment 1,903-2,274 students)

6A-D2—Maximum of 30 participants (2 or fewer males) (School enrollment 2,275-2,810 students)

6A-D1—Maximum of 30 participants (2 or fewer males) (School enrollment 2,810 and above students)

COED—Maximum of 30 participants (3 or more males)

*Mascots and flag runners are welcomed but cannot be involved in the execution of cheer skills. All participants on the floor count toward total.



photo courtesy Logan Lawrence

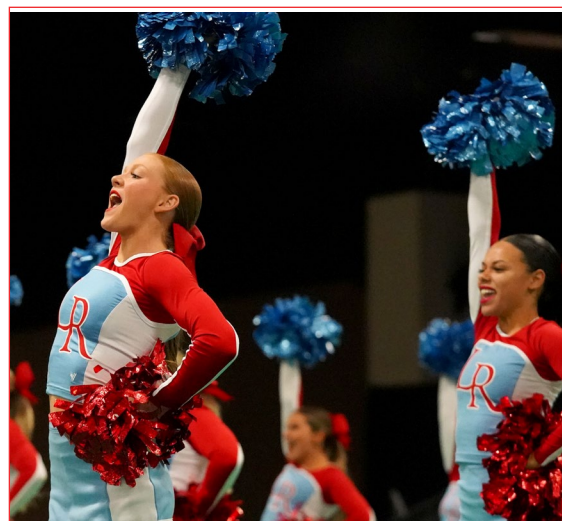


photo courtesy Logan Lawrence

SPIRIT ADVISORY BOARD

COACH	SCHOOL	CONF.	REG.
Lacy Brown	Italy	2A	3
Tammy Holder	Tatum	3A	4
Nicole Duggan*	Comal Canyon Lake	4A	6
Heather Jones	The Colony	5A	3
Pete Ramirez	McAllen Memorial	5A	7
Amy Weaston	Katy Seven Lakes	6A	5
Kayci Smith	Wolfforth Frenship	6A	1
Matthew Escue	San Angelo Central	6A	8

*-Chair



photo courtesy Logan Lawrence

TGCA FALL AWARDWINNERS

COACHES OF THE YEAR

WATER POLO

NAME	SCHOOL	CONE.
Justin Pudwell	Southlake Carroll	ALL

TEAM TENNIS

NAME	SCHOOL	CONE.
Travis Dalrymple	Round Rock Westwood	ALL

CROSS COUNTRY

NAME	SCHOOL	CONE.
Ray Baca	Canyon	1A-4A
Trenton Hall	Comal Smithson Valley	5A-6A

VOLLEYBALL

NAME	SCHOOL	CONE.
Jeff Coker	Crawford	1A-4A
Brianne Groth	Northwest Nelson	5A-6A

ATHLETES OF THE YEAR

WATER POLO

ALL

Sydney Rubin
Southlake Carroll HS
Coach: Justin Pudwell

TEAM TENNIS

ALL

Kynley Craddock
Canyon Randall HS
Coach: Darby Norman

CROSS COUNTRY

Conferences 1A-4A

Sophia Bendet
Universal City Randolph HS
Coach: Stacy Bessire

Conferences 5A-6A

Elizabeth Leachman
Boerne Champion HS
Coach: Sheila West

VOLLEYBALL

Conferences 1A-4A

Laney Hennessee
Wimberley HS
Coach: Misty Fletcher-Remmers

Conferences 5A-6A

Kylie Kleckner
Northwest Nelson HS
Coach: Brianne Groth



photo courtesy Patrick Carter



photo courtesy Mary Mauk

2025-26 TGCA MEMBERSHIP RENEWAL AND CLINIC REGISTRATION INSTRUCTIONS

TGCA would like to take this opportunity to say THANK YOU to our member coaches. The Association only exists because you continue to support it through not only your membership dues and clinic fees, but through your willingness to volunteer when needed, be it serving on a committee, serving on the Board of Directors, nominating your athletes for honors, speaking at one of our clinics, or submitting photographs of your athletes for the Newsletter and website. We truly do appreciate you and want you to always remember that this is YOUR association, and the TGCA staff is here to assist you in any way that we are able.

Membership renewal and clinic registration for all clinics will open February 1st. Effective that day, on-line membership renewal and clinic registration for the 2025-2026 year will become active. Please keep in mind that on February 1st and after that date, if you still need to renew for the 2024-25 year (this year), you will no longer be able to do that on-line, and must print a form from the website to either mail with a check, or fax or email with a credit card number.

On-line membership renewal and clinic registration are through the Membership Site. To access the Membership Site, simply go to the website, www.austintgca.com, and click on the category in the menu on the left-hand side of the page entitled "Membership Site". You will then be required to log in. Your username is your membership number and always will be. That will not change. If you don't remember your password, please contact us and we will be happy to reset it to your membership number for you.

On the home page of the Mem-

bership Site, you will notice, on the left-hand side of the page, the categories for renewing your membership and registering for Summer Clinic and/or any of the Satellite Sports Clinics. We have tried to simplify this process for you, and they are exactly what they say they are.

If you click on "Summer Clinic", your profile page will appear. You can make any changes you wish to your profile page, except the school where you coach. If your school is incorrect, please give us a call or drop us an e-mail and we will be happy to update that information for you. If you need to update anything else on your profile, simply click the box that says "To Correct Coaching Contact Information Click Here", and update the information that needs to be corrected. This information may also be updated by clicking on the "Update Profile" category in the menu across the top of the page. Don't forget to add your coaching experience. You need to be sure and keep that up to date to build your on-line resume for the job board.

Once you have updated any information that needs to be updated and added your current coaching experience, you are now ready to renew your membership and register for Summer Clinic. You will notice there are three "packages" you may choose from. The Bronze Package is membership only and does not include registration for Summer Clinic. That cost is now \$70.00. The Silver Package is Summer Clinic registration only and does not include membership renewal. That package is now \$65.00 before June 15, and \$80.00 on or after June 15. The Gold Package includes your membership renewal AND Summer

Clinic registration for a total cost of \$135.00. You can click on "Detail Description" beside each package and it will tell you what they are. Please remember there is a \$2.50 processing fee charged by the on-line credit card company. You must check the appropriate box for the transaction to go through. **You MUST be a member of TGCA to attend any TGCA clinic.**

Once you have selected the option you wish to pay for, you will see a page that will give you information regarding your transaction. If it is correct, you will click on the "Payment" button, and this will take you to the payment information page. Simply fill in the information requested. In the "Security Code" portion, this is an on-line security code and NOT the security code on your credit card. You will see letters and/or numbers in the gray shadowed box. Simply retype what you see in that gray shadowed box in the very small box located right above the words (in blue) "I cannot read the code, please provide a new one" and right below the words (in black) "Please enter the security code above". You will actually enter the security code you see into the box below those words in black. Once you have completed that page, click the "Submit" button and you are done. You will receive a receipt confirmation by e-mail. That is why it is so important that your e-mail address is accurate. If you do not receive your receipt, check your junk mail. Your school's filtering system may have sent it there. If you don't get your receipt by e-mail, please contact us. Your school may be blocking our e-mails completely. Please check your receipt confirmation carefully. Please remember that the address on your credit card MUST match the address on your profile exactly. This is a security feature the on-line credit card company uses.

If you click on the category entitled "Satellite Clinics", you may then choose the Satellite Sports Clinic you wish to register for. TGCA is pleased to announce we will be hosting Satellite Sports Clinics for 2025 in Lubbock (Regions I & II), and El Paso. Simply click on the Satellite Sports Clinic you wish to register for and complete the same process outlined above. The cost of attendance to any of our

Satellite Sports Clinics is \$80.00. This includes your 2025-26 membership card. You CANNOT just renew your membership in the Satellite Clinics category. If you and your school will be splitting the admittance fee, you will need to print a form from the website and mail it to us with your portion of the fee, and an explanation that your school will be paying the other half of the admittance fee. You will not be able to split the fee on-line. You will, however, be allowed to register for a Satellite Sports Clinic and pay an admittance fee of \$40.00 if you have already paid the \$70.00 renewal fee for your 2025-26 membership.

If you are not planning to attend Summer Clinic or any of the Satellite Sports Clinics and simply wish to renew your membership, click on the last category "Membership Only". You only have the option of membership renewal in this category, and the procedure is the same as outlined above.

Please remember that you need to use the membership number you have been assigned when renewing your membership or accessing the Membership Site. If you do not remember it, or your password, please call the TGCA office and we will be happy to look it up for you, or reset your password for you. We would request that you **DO NOT** set up a new profile if you are already a current member, or have been a member in the past and have received a membership number previously. When you do that, you also give yourself a new membership number, and we want you to have the same membership number for life.

If you are a brand new member, simply access the TGCA website, www.austintgca.com, and click on the category in the menu on the left-hand side of the page entitled "First Time Member", and follow the process outlined for "New to TGCA for the First Time". Should you need assistance, please just contact the TGCA office and we will be more than happy to assist you.

Again, we thank you for your support of the Texas Girls Coaches Association. Our job is to make your association the best that it can be. We welcome your comments and suggestions.



photo courtesy Maisey Edwards

EXTREMELY IMPORTANT

If you renew your membership on or after February 1st online through the Membership Site, you will be renewing for the 2025-26 year, beginning June 1, 2025 and ending May 31st, 2026. Please be sure that is what you intended to do. You may still print a 2024-25 membership form from the "Forms" category in the menu on the left-hand side of the main page of the website.

GENERAL NOMINATION INSTRUCTIONS

All nominations should be made on-line at www.austintgca.com, under the sport tab for which a particular nomination is made. Please do all nominations on-line and before the deadline. Cheerleading nominations are located on the Spirit page in the menu on the left-hand side of the page. All questions or inquiries regarding Cheer nominations should be addressed to the Spirit Advisory Board. Contact information is located on the Spirit page under Spirit Advisory Board in the menu on the left-hand side of the page. All other nominations should be submitted through

the Membership Site once you have logged in.

If your nomination was submitted correctly, you will receive a confirmation e-mail. You can check that your nominations have gone through by logging on to the Membership Site, clicking on "Nominations" from the menu at the top of the page, and then clicking number five "Member Nominations Info". This will show you what nominations you have submitted. If you do not see your nominations there, they did not go through and must be done again. **WE STRONGLY ENCOURAGE YOU TO DO THIS AF-**

TER YOU HAVE COMPLETED ALL NOMINATIONS.

PLEASE NOTE: The TGCA system does not interact well with Internet Explorer. We recommend you use Chrome or Firefox as your web browser, or something other than Internet Explorer, to make your nominations.

If you miss the on-line nomination deadline for your sport or cheerleading, you **MUST** print the proper form from the website under the "Bylaws" category and submit that form to your regional committee representative for submission to the appropriate committee. Your regional representative

for the committees is listed on the website under the sport category they pertain to. This should be done in all categories except Academic All-State.

Any nominations for Academic All-State must be submitted to the TGCA office on a form printed from the website if the on-line honors nomination deadline is missed. Instructions for nominating on-line, along with nomination guidelines, may be found under each specific sport tab on the website, and also under the Bylaws.

INSTRUCTIONS FOR ONLINE HONORS NOMINATIONS

Below are the instructions for completing TGCA honors nominations on-line. Please read these instructions and follow them precisely and your nomination should go through with no problems.

PLEASE NOTE: The TGCA system does not interact well with Internet Explorer. We recommend using Chrome or another browser other than Internet Explorer.

1 Access the TGCA website at austintgca.com.

2 Click on the "Membership Site" category in the menu on the left-hand side of the page.

3 You will be required to log in at this point. Your user name will always be your TGCA membership number. That will never change. If you don't know your number, please contact us and we will be happy to give it to you. **PLEASE DO NOT MAKE YOURSELF A NEW MEMBER AND GET A NEW MEMBERSHIP NUMBER.** Your password, if you've not logged on to the system before, will also be your membership number. If you've already accessed the website and logged in, your password will be whatever you have created it to be. If you do not remember your password, we do not have it. You will need to contact us so that we may reset your password to your membership number, and you will need to go through the complete log in process over again, including resetting your password. When prompted to change your password, please keep in mind that the "Old Password" category will also be your membership number. We do not recommend using the "Forgot Password" link, as you will more than likely never see the response email. It is more often than not blocked by a security measure in place by your

school.

4 Once you've completed the log-in process, you will access the home page of the Membership Site. In the tabs menu at the top of that page, click on "Nominations".

5 Click on the "(6) Member Nominations Add" category in the menu on the left-hand side of the page.

6 Your e-mail information will be listed on this page. This is the e-mail address your nomination confirmation will be sent to. **PLEASE** be sure your e-mail address is correct. If your e-mail address is incorrect, you will need to click the "Update Profile" category in the menu at the top of the page and correct your e-mail address, or you will not receive your nomination confirmation. If you do not need to make changes, click the sport you are nominating for. Scroll to the bottom of the page and click the "Next Step" button.

7 Click the button next to the category you are nominating for (All-Star, All-State, Academic All-State, etc.). On Academic All-State, please be sure you click All-State for athletes and cheerleaders and not Academic All-State Support Staff. Support Staff would be for trainers, stat keepers, managers, etc. Next click the button "Next Step".

8 Complete the form by typing in the information requested in the "Update" field.

9 When you get to the "School:ISD" field, please begin typing the name of your school. Schools are listed in the database by name of the school, followed by the ISD. If your school is named after someone, or there are multiple schools with the same name, just

start to type the LAST name of the person it's named after, or the school name, and look in the text pop up box for your school followed by your ISD. This is very IMPORTANT! Your school must appear exactly as it is in our database for your nomination to be correctly entered. As you type, a text pop up box will appear under the school line. Please click on the correct school in this box and please pay careful attention to the school you select, making sure it is the correct school, with the correct ISD. If you are an Athletic Director, please DO NOT click on anything that says AD. For

for some reason, your form was not filled out correctly, you will receive an error message after clicking the "Submit" button. If you did not receive the error message, your nomination went through successfully, and you should receive a confirmation e-mail at the e-mail address you have given us. If you fail to receive a confirmation e-mail, please contact us. You can also check to see if your nominations successfully went through by returning to the "Nominations" page and clicking on "(5) Member Nominations Info". If you do not see your nominations listed there, please contact us.



photo courtesy Tyler Billis

your nomination to appear correctly, it must have the name of the school, rather than your title. You may need to type the complete name of the school, including "High School" for it to populate. There are many, many schools with the same name, including junior highs and middle schools.

10 Continue completing the form. If you need to add additional information regarding your nominee or their accomplishments, including stats, please do so in the large text box at the bottom of the page.

11 When you have completed the form, please click the "Submit" button at the bottom of the page. If,

12 You will need to follow these steps for each nomination of each athlete in each category that you wish to make. **For Academic All-State, you only need to list the GPA.** We do not need the honors section, as we only check for grade classification (senior) and the GPA, which must be 94 or above and must be submitted in that format, not on a 5.0, 4.0, etc. Any nominations submitted on the grade point only scale will be counted as nonvalid.

If you need assistance with any of this process, please contact us at [tgca@austintgca.com](http://tgca.austintgca.com), or call our office at 512-708-1333, and we will be happy to assist you.

2025 TGCA SUMMER CLINIC

The 2025 TGCA Summer Clinic will be held in Arlington at the Arlington Convention Center and Sheraton Hotel July 14-17. **NOTE THE NEW DATES.** The agenda is being revised and will be posted to the website under the

"Summer Clinic" category in the menu on the left-hand side of the page as soon as it is finalized. Speaker names will be filled in as we secure them. Make your plans early to attend. We look forward to seeing you there. Hotel

Reservation Services will open in March. Membership renewal and Summer Clinic registration, as well as all Satellite Clinics, will open February 1st.

We are working on finalizing times, venues, and agendas

for all of the satellite sports clinics, and we will have those posted on the website as soon as we get all information finalized. We hope you will make plans to attend one or all of the 2025 TGCA Clinics.

AD&D BENEFIT (ACCIDENT DEATH AND DISMEMBERMENT)

The Texas Girls Coaches Association in cooperation with American Income Life Insurance Company, is pleased to announce that we are providing additional benefits at NO COST to make your membership even more valuable! These benefits include:

- \$4,000 Group Accidental Death and Dismemberment Benefit! (Covers all members.)
- Health Services Discount

Card for your entire household which provides discounts up to 60% on Vision Care, Chiropractic Care, Hearing Care and Prescriptions!

- Child Safe Kits – this valuable tool can provide information to the authorities if your child or grandchild should ever go missing!

- Family Information Guide – When emergencies occur, families can avoid confusion and additional stress by having

all of their critical information organized in one place.

Please check your mail for the letter regarding these new benefits!

Once you return the response card, an AIL representative will contact you to schedule a convenient time to deliver your benefits and explain additional insurance coverage available.

American Income Life is an international company

licensed in 49 states, the District of Columbia, Canada and is registered to carry on business in New Zealand. AIL has earned an A+ (Superior) Financial Strength rating from A.M. Best Company. (as of 6/2014)

For more information on these benefits, please contact Arnaecia Alridge at 281-857-9325 or ajalridge@aillife.com. To view the letter online, visit aillife.com/benefits/sqM9W.



photo courtesy Maisey Edwards



photo courtesy Noah Fierros

2024-25 TGCA NOMINATION DEADLINES BY SPORT

Online nomination deadlines for all sports is the Monday before the UIL state tournaments/meets at noon. For 2024-25, they are as follows:

Spirit	January 20, 2025
Wrestling	February 10, 2025
Swim & Dive	February 17, 2025
Basketball	February 24, 2025
Soccer	April 7, 2025
Golf	April 21, 2025
Track & Field	April 28, 2025
Tennis	May 12, 2025
Softball	May 26, 2025



Happy Holidays from the TGCA staff. The TGCA office will be closed from December 20 until January 6. If you have an emergency or need immediate assistance, please contact Executive Director Sam Tipton at 512-417-8422. We will be checking emails and voicemails, and you will get a much quicker response with an email. We appreciate you!

TEXAS GIRLS COACHES ASSOCIATION CAREER VICTORIES

Members of the Texas Girls Coaches Association will be honored for career victories in cross country, volleyball, basketball, soccer, golf, track & field, softball, and cheerleading.

- Coaches must be members of the Texas Girls Coaches Association in order to be honored.
- Only victories compiled in varsity girls' sports and cheerleading will be counted.
- Coaches are responsible for sending their record to the TGCA office as soon as the career victory mark is passed. This record should include a chronological list of each school where you have coached varsity and the corresponding annual win/loss record, or point accumulation, and should be emailed or mailed to the TGCA office.



photo courtesy: Lottie Zerate

VOLLEYBALL

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled match. Scrimmages do not count.

BASKETBALL

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled game. Scrimmages do not count.

SOCCER

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled game. Scrimmages do not count.

GOLF

Coaches will receive certificates when they reach the 300 or 400 point level. Plaques will be awarded at the 500, 600, and more point level. Golf points are determined by the following system:

- 10 points for each year a varsity head coach
- 10 points for each district championship
- 3 points for each regional qualifier
- 5 points for each individual regional champion
- 4 points for each state qual-

ifier

- 10 points for each individual state champion
- 20 points for team regional championship
- 30 points for team state championship

TRACK & FIELD, CROSS COUNTRY

Coaches will receive certificates when they reach the 300 or 400 point level. Plaques will be awarded at the 500, 600, and more point level. *Note: Cross Country and Track & Field points must be totaled separately. Cross Country and Track & Field points are determined by the following system:*

- 10 points for each year a varsity head coach
- 10 points for each district championship
- 1 point for each area qualifier (relays: 2 points)
- 2 points for each regional qualifier (relays: 4 points)
- 3 points for each state qualifier (relays: 6 points)
- 15 points for team area championship
- 20 points for team regional championship
- 30 points for team state championship

SOFTBALL

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled game. Scrimmages do not count.

SPIRIT

Coaches will receive certificates when they reach the 300 or 400 point level. Plaque recognition begins at 500. Hall of Fame eligibility at 1,000 points. Spirit points are determined by the following system:

- 10 points for each year a varsity head coach
- 10 points for each Finals appearance
- 15 points for Best of Category win
- 30 Third Place Finish
- 40 Second Place Finish
- 50 State Champion

WRESTLING

Coaches will receive certificates when they reach the 300 or 400 point level. Plaques will be awarded at the 500, 600, and more point level. Wrestling points are determined by the following system:

- 10 points for each year a varsity head coach
- 10 points for each district championship
- 1 point for each regional qualifier
- 1 point for each dual victory
- 4 points for each state qualifier
- 20 points for team regional championship
- 30 points for team state championship

Deadline for submitting accomplishments is May 30

Revised by vote of the Board of Directors March 2, 2014

Revised by vote of the Spirit Committee July 10, 2019

Revised April 22, 2022

SUB-VARSITY YEARS OF SERVICE RECOGNITION AWARD

Adopted by the TGCA Board of Directors at July 7, 2008 Meeting

Sub-Varsity coaches with five and 10 years of service will be presented with a certificate at the General Business Meeting at Summer Clinic, and Sub-Varsity coaches with 15 and above years of service will be presented

with a plaque at the Honor Awards Luncheon at Summer Clinic, as a Years of Service Recognition Award. Awards will be presented in five year increments. All Sub-Varsity coaches must be a member in good standing

of the Texas Girls Coaches Association as of November 1 of the current school year to receive a Years of Service Award. The individual may coach multiple sports, but cannot be the head coach in volleyball, basketball, or

softball. Sub-Varsity coaches meeting this criteria should submit their documentation to the TGCA office before June 1st of the qualifying year.

KAY YOW CANCER FUND



CANCER
WARRIOR
NETWORK

Coaches,

Strength, courage, and hope—three words that carry special meaning this New Year! Three words that Coach Kay Yow embodied throughout her fight against cancer. This month, and every month, we stand hand in hand for those we love, because it's personal.

Join us and use your platform, as coaches and leaders in your communities, to raise awareness, expand access to quality cancer care, and fund life-saving research. We're not only honoring Coach Yow's legacy but actively building upon it, and honoring the women in our lives.

Please know that every effort—big or small—matters. You're part of a dedicated team making a lasting impact in the fight against cancer, and we are endlessly grateful to share this journey with you. You are Play4Kay!

Download our Play4Kay Playbook

Create a Play4Kay Fundraiser

Order Play4Kay T-Shirts

If you have any questions contact - Jennifer Sullivan, jennifer.sullivan@kayyow.com for all your Play4Kay needs!

Joining our nationwide movement, Play4Kay, has never been easier!



1

Pick a game on your schedule and call it Play4Kay

2

Raise money around your game and donate it to the Kay Yow Cancer Fund

3

Celebrate female cancer survivors, thrivers and warriors at your game

Learn
more



Jennifer.Sullivan@kayyow.com

Kayyow.com/play4kay

Louder, Stronger, Unstoppable -- Together!



photo courtesy: Joshua Reese

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			TGCA OFFICE CLOSED			
5	6	7	8	9	10	11
					Softball: First day of practice	
12	13	14	15	16	17	18
				SPIRIT STATE CHAMPIONSHIPS		
19	20	21	22	23	24	25
	TGCA OFFICE CLOSED					4A Swimming & Diving: District Certification
26	27	28	29	30	31	1
						5A/6A Swimming & Diving: District Certification

TO ALL COACHES: PLEASE UPDATE YOUR PROFILE ONLINE

Please go online and check that your profile is up-to-date, including addresses, telephone numbers (school, cell, home), and all other personal information. You can change all information

on your profile except your school. Please check your coaching experience and add information as needed. We appreciate your help in this endeavor.

TGCA SUB-VARSITY COACH OF THE YEAR NOMINATION DEADLINE

All varsity coaches in cross country, volleyball, basketball, track and field, softball cheerleading, soccer, golf and tennis are encouraged to nominate their deserving sub-varsity (grades 9-12) and middle school (grades 7-8) coaches for TGCA Sub-Varsity Coach of the Year and TGCA Middle School Coach of the Year in their respective sport and cheerleading. Sub-Varsity and Middle School coaches may coach

multiple sports, but they cannot be the varsity head coach in basketball, volleyball or softball to qualify for Sub-Varsity Coach of the Year or Middle School Coach of the Year. Nominations should be done on-line, just like any other honor nomination. Deadline is May 1st, and nominations will close at noon on that day. Selections will be made by the Sub-Varsity Committee.

THANKS TO OUR SPONSORS

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-Herff Jones
-MaxPreps
-Nike
-Sport-Tek

-Surge
-Varsity



BSN SPORTS

TGCA NEWS

TGCA News is the official newsletter of the
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TGCA on the Web
Polls, as well as other current information, can be found on the TGCA website at: austintgca.com.

Did you move?
Please notify the TGCA office if your school, home address, telephone number or coaching assignment changes.

UIL eligibility / Sport rule questions
If you have any questions on eligibility or sport rule interpretations, contact the UIL at (512) 471-5883.



@AUSTINTGCA